

Outcomes and Testimonials

Nurturing Programs

"This group helped my family to stay intact. I felt like I was losing my grip as a parent and that things were out of control. I was about to put my daughter out. This Nurturing Program helped a lot."

On average, between 2007 and 2015, evaluation scores on the tool for Nurturing Program graduates increased in all five parenting categories (Appropriate Expectations, Empathy, Discipline with Dignity, Appropriate Family Roles, and Power & Independence).

"I learned so much information that I am using as a young parent. I am also sharing with my mom so she can use with my sisters and brother."

Consistently, the greatest improvements for Nurturing Program participants come in the area of Empathy, the lack of which is closely tied to risk for abuse and neglect.

Welcome Baby

"As a result of the Welcome Baby Visit, I have been going to a breast feeding support group weekly, have been attending a baby singing group at a library, and have been giving my baby massages on a regular basis. Since I am new to this neighborhood/city/country, [this] advice has been very useful in helping me to settle in here."

69% of surveyed Welcome Baby recipients read more to their infants as a result of their home visit.

Playgroups

"I have received so many compliments on Anika from her teacher and all the new people we have met. They have admired her sharing with other kids, ability to transition from one activity to another, ease with which she speaks to other kids and adults...and I realize how much of that came from your Playgroups and everything you taught us."

After months of weekly Playgroup participation, 85% of surveyed parents reported that their child "usually" or "always" was able to actively participate and demonstrate school readiness (following a leader's directions, easily transitioning from one activity to another, feeling comfortable trying new things).

"I just want to thank you guys for giving us the opportunity to learn more about my children's development, and it is great to know that other mothers also have the same issues and questions I have as a mother."

84% of Playgroup parents said they made a new friend whom they could call on for help; 58% said they met with other families outside of Playgroup.

Parent-Child Home Program

"It helped Melanie when she went to school - she was socially ready, she wasn't shy, she did not cry. And she was able to do the puzzles at school with no problem. She likes books as well. All she wants for Christmas this year are books. Isn't that amazing?!"

75% of parents completing two cycles of home visits in the Boston Parent-Child Home Program (PCHP) improved their communication, consistency, and responsiveness, as indicated on the Parent and Child Together (PACT) measure. 84% of children increased overall average scores on the PCHP Child Behavioral Traits (CBT) measure for independence, cooperation, cognitive ability, and task orientation.

For information on how you can help, contact:

Partners and Funders

Johannah Malone, Mujeres Unidas Avanzando (MUA)

"We are an Adult Basic Education (ABE) program that serves low-income Latina mothers and their children. Most of MUA's participants are single parents. Our women need intensive support to nurture themselves and their children; recover from abusive relationships; and succeed on their own. The Family Nurturing program and Playgroups that MUA provided in conjunction with FNC are critical to support our mothers' running single households, being self-sufficient, and fostering a rich play environment to help children learn—and have fun doing so—in the home. FNC delivered culturally-competent trainings and Playgroups in the students' native language, Spanish."

Adela Margules, Bowdoin Street Health Center

"FNC does not take a one size fits all approach to helping families or communities...They are committed to working with families to develop the kinds of programs that support and meet their needs."

Randy Block, Parents Helping Parents

FNC collaborated with Parents Helping Parents to produce a 48-page "Guide for Parents Involved with DCF". We each recruited six parents and they worked together for three years writing the Guide. Because this collaboration was inspiring for everyone involved, FNC and PHP are always looking for ways to work together.

Danielle Gantt, Boston Public Schools

"FNC is invested in what is best for the community and doesn't just scoop in without connections to the neighborhood". "Collaborative spirit and quality of staff are FNC's best attributes."

Celina Miranda, Smith Family Foundation

"Their focus on neighborhoods and place based strategies is a strength. Nurturing programs aren't just parenting workshops, they are about learning and modeling behavior."

Laurie Sherman, Senior Advisor former Mayor Tom Menino's and current Executive Vice President at Thompson Island Outward Bound Education Center

"FNC programs are high quality, truly culturally competent, research based. Those who benefit from them come back to help others. FNC staff are sincere and effective, willing to communicate, coordinate, and, collaborate. Most other organizations don't do all three. I'm so proud to partner with them."

For information on how you can help, contact:

Matt LiPuma, Executive Director | mlipuma@familynurturing.org | 617.474.1143 x239
200 Bowdoin Street, Dorchester, MA 02122 | www.familynurturing.org